

**Secondary Age CAT PAC : Communication and Autism Team Parent Awareness Course- Virtual via Microsoft TEAMs**

**We would like to invite you to a CAT PAC course, our parent awareness course designed to support you following your child receiving a diagnosis of autism.**

* The course has been designed for parents of secondary pupils, who want to increase their understanding of autism.
* The sessions will be delivered virtually via Microsoft TEAMs, a link will be sent to you before each session.

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| **Session1 – All About Autism** | Tuesday 10th October 12.30-2.30pm |
| **Session 2 – Communication and Interaction** | Tuesday 17th October 12.30-2.30pm |
| **Session 3 – Sensory differences** | Tuesday 24th October 12.30-2.30pm |
| **HALF TERM** |  |
| **Session 4 – Eating, sleeping and personal care** | Tuesday 7th November 12.30-2.30pm |
| **Session 5 – Autism and Anxiety** | Tuesday 14th November 12.30-2.30pm |
| **Session 6 – Parent choice of theme** | Tuesday 21st November 12.30-2.30pm |

**The following information will need to be provided to gain a place:**

**The subject or title of your email needs to state that it is for: Autumn Secondary Online CAT PAC.**

* **Your young person’s name and school**
* **Your name and email address**
* **Your young person’s CAT worker (if known)**
* **Due to limited places the course will be offered to the first families to contact us.**
* ***There is an expectation that parents endeavour to attend all sessions if possible.***
* **Please email** **A2EGeneral@birmingham.gov.uk** **to reserve a place. You will receive an email response to confirm your place or to tell you that the course is full.**

**Yours sincerely, Katie Price and Wendy Gibb**